

Arrangements for 4M – Thursday 18 and Friday 19 February

On Thursday, bring to school:

- Books for **Thursday's periods 1 to 4** AS WELL AS **Friday's periods 1 to 6** (school bags to be locked in classes overnight). **DO NOT BRING TABLETS TO SCHOOL ON THURSDAY. LEAVE THEM AT HOME!**
- Substantial lunch, snacks, water/cooldrink (it's going to be a long day....)
- Money for tuckshop at 4M
- Athletics kit (for athletes) and sunscreen

Programme for Thursday:

- 07h40 Lines (4M announcements only)
- 07h55 – 10h20 Period 1 to Period 3
- 10h20 – 10h40 Break
- 10h40 Period 4
- 11h30 – 13h00 4M practice
- 13h00 – 13h30 Break (Go to the toilet, lock bags in register classes)
- 13h30 Matrics walk to Coetzenburg, get into formation on stand
- 13h45 Gr 8 – 11 walk to Coetzenburg, get into formation on stand
- 15h00 4M begins with cheerleading
- 17h00 – 17h20 Rhenish Tuckshop/toilet break
- 18h20 – 18h40 Rhenish Tuckshop/toilet break
- 19h30 Last official event (U19 relay)
- 19h30 – 20h00 Prefects & Cheerleaders relay & announcement of results
- 20h15 – 20h30 Disperse from Coetzenburg, get to buses/lifts quickly, be careful in the traffic.

WALKING TO COETZENBURG: Assemble in the quad, in register classes. Walk quickly: Left into Koch Street. Right into School Street. Cross Piet Retief at pedestrian crossing – obey LC, mentors and traffic wardens. **NO DETOUR TO SPAR.** Walk up Suidwal on the PRG side of the road. Gather outside big gate at Coetzenburg entrance – you will be let in as a group. Go up to the stand immediately – You will see the Rhenish decorations.

PLEASE....

- See that your uniform is neat and tidy. No jewellery
- Do not bring valuables and look after your belongings
- Do not litter – stands have to be spotless before we leave (LC and Mentors organise final clean up by Grade 8s)
- Co-operate on stand, and be quiet for start of races/announcements

WARNING

- The only people allowed on the track/field are officials and participating athletes.
- NO boys/friends/parents are allowed to sit with school groups on stand.
- If we see you using cellphones/ipods during 4M they will be confiscated (Don't keep cellphones/purses in dress pockets as they will fall out and get lost)
- Detention will be given to anyone found loitering around the back of the stand/around the gate/at the toilets.

FRIDAY PROGRAMME:

- Register, periods 1 - 6 (make sure you pack your books on Thursday morning)

School closes at 13h00.