

RHENISH GIRLS HIGH SCHOOL COLOURS AWARDS

Sports awards and colours will be assessed and awarded at the discretion of the school principal. Good sportsmanship, practice attendance and sustained representation of the school will also come into consideration. Distinction is made between Junior Teams (U14 – U 15) and Senior Teams (U16- U19).

The following criteria will apply:

1. Team Badge Award

- 1.1 Swimming: if a swimmer has participated in 80% of the A Team galas in one season.
- 1.2 Athletics: if an athlete is placed in the top 3 at the 4M athletics meeting or selected to represent Central Boland at the Boland Championships.
- 1.3 Hockey: represented the 1st Team in 80 % of the matches in one season.
- 1.4 Netball: represented the 1st Team in 80% the matches in one season.
- 1.5 Tennis: represented the 1st Team in 80 % of the matches in one season.
- 1.6 Squash: represented the 1st Team in 80 % of the matches in one season.
- 1.7 Cross-Country: participated in 80% of the league races in one season.
- 1.8 Water-Polo: represented the 1st Team in 80 % of the matches in one season.
- 1.9 Soccer: represented the 1st Team in 80% of the matches in one season.
- 1.10 Horse Riding: represented Boland at Western Cape Trials

2. Half Colours

- 2.1 Swimming: participated in 80% of A Team galas during the year and qualified for and participated in the South African Level 2 (New Level 3) Regional Age Group Championships.
- 2.2 Athletics: selected to represent Boland Schools at the Western Cape Championships or selected to represent Central Boland Schools for a third year.
- 2.3 Hockey: selected to represent a Junior Boland A, a Boland B or a Boland Regional Team at an age group regional tournament or represented the 1st Team in 80% of all matches for three years.
- 2.4 Netball: selected to represent a Junior Boland A, a Senior Boland B or a Regional Team at an age group regional tournament or represented the 1st Team in 80% of all matches for three years.
- 2.5 Tennis: selected for a Junior Boland Team at a national or regional tournament.

2.6 Squash: selected to represent a Junior Boland or Junior Western Province A Team at a national competition or represented the 1st Team in 80 % of all matches for three years.

2.7 Cross-Country: selected to represent Boland.

2.8 Water-Polo: selected to represent a Junior Boland A or a Junior Western Province A Team.

2.9 Soccer: selected to represent a Junior Boland A Team.

2.10 Horse Riding: represented Western Cape and took part at Nationals (SANESA), may be Western Cape Affiliated at discretion of the committee

3. Full Colours

3.1 Swimming: participated in 80% of A Team Galas during the year and qualified for and participated in the South African Level 3 (New South African Junior National) Age Group Championships and /or the South-African Youth Championships.

3.2 Athletics: selected to represent the Western Cape Schools Team at the South-African National Schools Championships, selected to represent Boland Schools for a third year or selected to represent Boland ASA at the South-African ASA Championships.

3.3 Hockey: selected to represent a Senior Boland A Team at an age group national tournament or if selected for a Regional/Boland B team for a 3rd year.

3.4 Netball: selected to represent a Senior Boland A Team at an age group national tournament or if selected for a Regional/Boland B team for a 3rd year.

3.5 Tennis: selected to represent a Senior Boland Team at a national tournament.

3.6 Squash: selected to represent a Boland Senior A Team at the South-African National tournament.

3.7 Cross- Country: selected to represent Western Cape and participated at the South-African National Championships.

3.8 Water-Polo: selected to represent a Senior Boland A or a Senior Western Province A Team at the National Championships. Boland selection must be for a third year. Boland selection must be for a 3rd year otherwise half colours will be awarded.

3.9 Soccer: selected to represent Senior Boland/ or Senior Western Cape A Team at the South-African National Championship.

3.10 Horse Riding: took part at SANESA Nationals or other National competitions at discretion of the committee

4. Honours

4.1 Swimming; if placed in the top 5 in an age group at the South African Level 3 (New South African Junior National Age Group) Championships or at the National Youth Championships and/ or she has qualified for and taken part in the Senior Open National Championships.

4.2 Athletics: if placed in the top 5 in an age group at the South-African Championships or if selected to represent South- Africa at an International event.

4.3 Cross-Country: if placed in the top 5 in an age group at the South-African Championships or if selected to represent South-Africa at an International Event.

4.4 For Tennis & Squash: if selected to represent South Africa at any International Tournament or/and, if seeded in the top 6 in South- Africa in an age group.

4.5 For all individual non-school sports: if placed in the top 3 at a South-African National Championships.

4.6 For all other sport: if selected to represent a South African Schools Team, or Squad, or a South-African Team that has participated in an International/National Tournament.

4.7 Special Circumstances only – Achieving at National Level but not SANESA