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# RHENISH GIRLS' HIGH SCHOOL

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PRINCIPAL: Ms EH Slabber

7 December 2015

Dear Hostel Parent

## Update on Hostel Food preparations for 2016

At the SGB Budget meeting it was agreed that Ms Sarga, along with the Hostel Committee, would investigate and attempt to address a number of issues raised by parents on 20 October 2015.

To date we are able to give the following feedback:

1. Boarders were asked to complete a meal survey.
2. Meetings were held with kitchen staff where they were presented with parents' concerns with regards to food and the need to implement a healthier diet.
3. A dietitian, Amanda Burg, was approached to assist in not only assessing the kitchen with regards to food preparation but also in preparing a new menu for the start of 2016.
4. A decision was made to swop the lunch and supper meals around from the start of the first term.
5. The quality of the food purchased was also assessed and in 2016 we will renew our efforts with our suppliers to ensure that the best possible quality products are purchased at all times within the limitations of our budget.
6. At the beginning of 2016 the cooks will receive inhouse training for the duration of the 1<sup>st</sup> term to ensure that they are able to prepare the new menu's correctly.
7. The boarders will have a session with the dietitian to guide them with regards to healthy eating habits.

From the above, it is clear that there is still a long way to go, but be assured that we are committed to addressing the concerns that have been brought to our attention and the beginning of 2016 will see the start of a number of changes being made in the kitchen.

Yours sincerely

Ms Angela Sarga  
(Hostel Superintendent)

Ms Helmiem Slabber  
(Principal)