



1860

RHENISH
GIRLS' HIGH SCHOOL

Inter House Athletics Meeting 2016

INTERHOUSE ATHLETICS MEETING – 22 JANUARY 2016

OFFICIALS

ORGANISER:	P. VAN DER HOVEN
ANNOUNCER:	E. MOUTON
TECHNICAL OFFICIAL:	S. HENERY
REFEREE (TRACK):	F. BELLSTEDT
REFEREE (FIELD):	S. HENERY
STARTER:	P. VAN DER HOVEN
ASSISTANT STARTER:	A. VAN DER HOVEN R. VAN DER HOVEN
TIME KEEPERS:	F. BELLSTEDT (HEAD), T. TAYLOR, L. DE VILLIERS, C. CICERO, G. STEVENS, J. SENEKAL, E. KINGHORN, S. VAN HUYSSSTEEN
TRACK JUDGES:	W. LOUW (HEAD), E. KEYSER, L. HOBSON, M. LOMBARD, M. VAN ECK, R. VAN DYK, E. VAN DER MERWE, C. PRETORIUS
ASSISTANT TRACK JUDGES:	A. BENNIE, I. HOFHUIS
LAP COUNTER:	W. LOUW
RECORD CLERKS:	B. SMART, S. SMITH, M. VOSLOO, L. VLOK
HURDLES:	J. SENEKAL, A. WALTERS AND HELPERS
LONG JUMP A:	G. KRUGER (HEAD), A. FORSYTH, H. LEACH, J. SENEKAL
LONG JUMP B:	S. HODGES (HEAD), R. RÖHRS, T. MARAIS, MC COETZEE
LONG JUMP C:	R. VAN DER HOVEN (HEAD), L. DE VILLIERS, Y. COSTABILE, A. WALTERS
HIGH JUMP:	P. BRINK (HEAD), N. SCOTT-MASON, K. VAN ROSENVELD
SHOT PUT A:	K. VILJOEN (HEAD), L. SCHREUDER, J. HARDING, S. KRIGE
SHOT PUT B:	J. LIEBENBERG (HEAD), A. DAVIDS, D. TASKES, N. ABRAHAMS
DISCUS:	C. WHELPTON (HEAD), L. CONCHAR, M. LOURENS, L. BURN
JAVELIN:	J. DE KOCK (HEAD), M. JOUBERT, J. GONSALVES, M. MATTHEWS
RELAY HANDOVERS:	S. HODGES (3), G. KRUGER (2), J. DE KOCK (1)
REFRESHMENTS:	E. FOURIE
SECURITY:	G4S SECURE SOLUTIONS
FIRST AID:	SA PARAMEDICS

INTERHOUSE ATHLETICS MEETING

EVENTS TAKING PLACE EARLIER:

WEDNESDAY, 20 JANUARY 2016

1.	14:45	High Jump	u/14	K du Toit VDS	2015	1,48m
	15:50	High Jump	u/14	K du Toit VDS	2015	1,48m

THURSDAY, 21 JANUARY 2016

2.	14:45	Javelin	u/14	M. Smith W	2013	21,38m
	15:50	Javelin	u/14	M. Smith W	2013	21,38m

FRIDAY, 22 JANUARY 2016

3.	08:00	3 000m	Open	M. Leslie W	2015	11:10,90
4.	08:00	Long Jump	u/15	K. Sparks T	2011	4,92m
5.	08:00	Javelin	u/19	B. Ouweneel	2011	29,20m
6.	08:00	Shot Put	u/17	A. Abrahams W	2015	13,32m
7.	08:30	90mH	u/15	N. Loots	2004	12,28s
8.	08:35	100mH	u/17	N. Loots	2005	15,80s
9.	08:40	100mH	u/19	J. Sedras	2011	16,06s
10.	08:55	800m	u/15	O. Viljoen W	2013	2:35,85
11.	09:05	800m	u/17	D. Scott	2007	2:15,00
12.	09:05	Discus	u/15	L. Burgess	2004	22,98m
13.	09:05	Long Jump	u/17	J. Sedras	2010	5,19m
14.	09:05	High Jump	u/19	S. Behrens T	2014	1,60m
15.	09:15	800m	u/19	A. Quenet	2013	2:18,86
16.	09:30	200m	u/14	M. Bartsch VDS	2013	27,95s
17.	09:38	200m	u/15	N. Loots	2004	27,88s
18.	09:46	200m	u/17	A. Smit T	2014	26,66s
19.	09:54	200m	u/19	A. Smit T	2015	26,98s
20.	10:05	1 500m	u/14	K. Noades W	2015	
				F. Chester-Browne T	2015	5:28,13
21.	10:10	Shot Put	u/19	A. Beck T	2010	10,00m
22.	10:10	Discus	u/17	Z. Roelofse	2011	29,31m
23.	10:10	Javelin	u/15	S. Kotze	2007	25,78m
24.	10:10	Long Jump	u/14	C. Joubert T	2014	4,57m
25.	10:20	1 500m	u/15	S. Hobson	2011	5:21,84
26.	10:35	1 500m	u/17	D. Scott	2008	4:40,21
27.	10:50	1 500m	u/19	A. Quenet	2013	4:51,59
28.	11:05	90mH	u/14	M. Nel W	2015	16,14s
29.	11:15	Shot Put	u/14	A. Abrahams W	2013	11,09m
30.	11:15	Discus	u/19	Z. Roelofse	2013	30,75m
31.	11:15	Javelin	u/17	D. Müller W	2014	27,65m
32.	11:15	High Jump	u/15	M. Bolognesi	2008	1,50m
33.	11:15	Triple Jump	u/15	T. Hendricks VDS	2015	9,42m
34.	11:15	Triple Jump	u/17	D. Coopoosamy V	2015	9,27m
35.	11:15	Triple Jump	u/19	M. Paterson W	2015	9,23m
36.	11:15	400m	u/14	M. Bartsch VDS	2013	1:06,75
37.	11:20	400m	u/15	J. Bury	2006	1:04,22
38.	11:25	400m	u/17	D. Scott	2007	1:02,50
39.	11:30	400m	u/19	A. Quenet	2013	1:01,14
40.	11:50	100m	u/14	M. Bartsch VDS	2013	13,30s
41.	12:10	100m	u/15	K. Sparks T	2011	13,20s

42.	12:20	100m	u/17	M. Bartsch VDS	2015	13,09s
43.	12:20	Shot Put	u/15	A. Abrahams W	2014	11,09m
44.	12:20	Discus	u/14	A. Abrahams W	2013	21,46m
45.	12:20	High Jump	u/17	D. Burger T	2013	1,60m
46.	12:20	Long Jump	u/19	K. Taylor	2002	4,97m
47.	12:35	100m	u/19	N. Loots	2006	13,00s
48.	12:45	800m	u/14	M. Lombardi V	2014	2:41,59
49.	13:10	Relay	u/14	Van der Stel	2013	58,73s
50.	13:15	Relay	u/15	Weber	2000	57,02s
51.	13:20	Relay	u/17	Terlinden	2014	54,40s
52.	13:25	Relay	u/19	Van der Stel	2011	54,75s
53.	13:30	Relay	Grades			
54.	13:35	Relay	Staff/Prefects	Staff	2005	
55.	13:55	Prize giving				
56.	14:05	Roll call				
57.	14:15	Home time				