

Issue 12 of 2023

RHENISH
GIRLS' HIGH SCHOOL



1860

RHENISH NEWS

Excellence ● Compassion ● Accountability ● Integrity ● Diversity ● Respect

Photos: Mr Piron and members of Rhenish Media Services



In this Issue:

ROGU Luncheon

Welcome Back

Hostel Dance

A Night at the Oscars

Library Services

Readers are Leaders

RHECO Town Clean-up

Making a Difference

S.T.E.M Quiz Night

Learning while 'playing'

Siyaphambili Culture

St Cyprians' School for Girls

beKoor

Enchanting through coral music

Sports Round-up

Hockey, Soccer, Netball - Results

Boland Stars

Sponsored Laptop

Rhenish Stars

2023

ROGU Luncheon

"Connect, Revive and Reminisce"

"Connect, Revive and Reminisce" are the words that best describe the afternoon last weekend when we had our Annual Old Girls' Luncheon. Hosted in our beloved Rhenish Hall, the luncheon was attended by 74 Old Girls, some of whom matriculated as far back as 1955.



The cheerful sounds of the marimbas and the welcoming smiles of the LC greeted all of our guests on arrival on the steps of the old school hall. The LC were gracious enough to assist the ROGU committee in ensuring that the lunch ran smoothly. Emma and Ishekudzwi made beautiful speeches that truly moved the old girls. In their speeches, both of them paid homage to the Rhenishers who had come before them, for the legacy of sisterhood and strong values that they upheld and on which the very foundation of the school is laid.



"Celebrities" at the VIP table included Ms Snyman (ex-principal), Mrs Manson 'de Jongh' (ex-deputy principal, Mrs Commaile (ex-principal) and, most recently retired, Ms Slabber.

All of the ladies enjoyed their tasty lunch, prepared by a very loyal old girl, Mrs Ellen Fourie, Consumers teacher at Rhenish Girls' for over 20 years. Mrs Fourie truly knows her way around the kitchen and many of us Old Girls remember her from the days when we took what was "Home Economics" in those days.

We hope that 2024's luncheon will welcome even more Old Girls back home to celebrate the sisterhood that is locked in us all.

Mrs Dominique Golder



HOSTEL

2 MAY 2023

DANCE



On Tuesday 2 May the Rhenish Hostel LC hosted their annual Hostel dance.

The hostel LC had worked extremely hard through fundraising, planning and decorating to make sure this event could be the huge success we believe it was. Firstly, we do want to thank everyone who turned out to support our fundraising event at Gino's. This well-supported event set us up to ensure that we had the funds to create a spectacular event for all hostelites to enjoy.

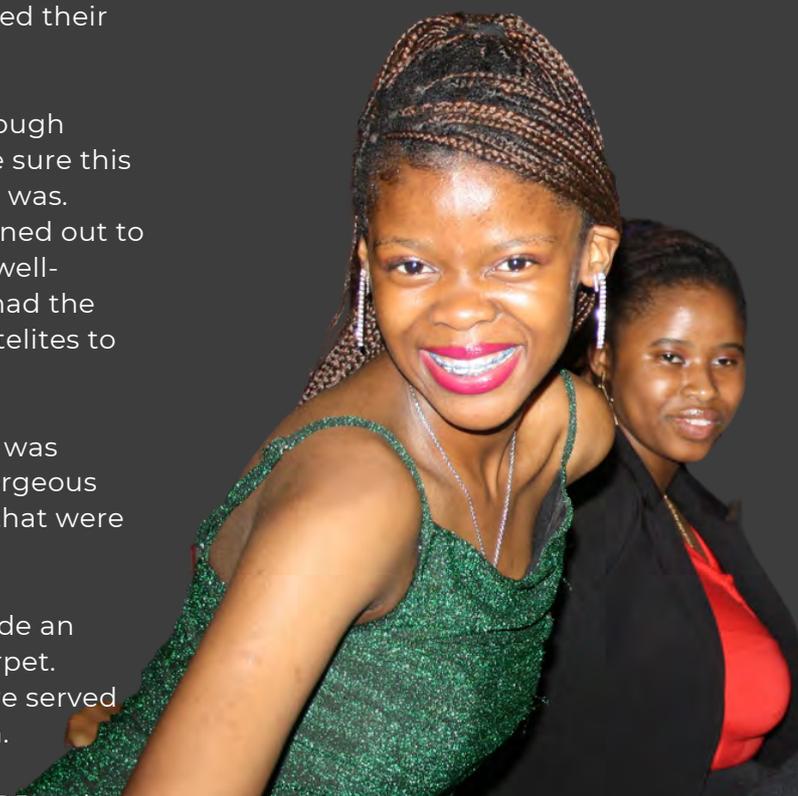
The theme of the dance was *The Oscars*. This was brought to life with the draping of the hall, gorgeous table decorations, place settings and awards that were handed out throughout the evening.

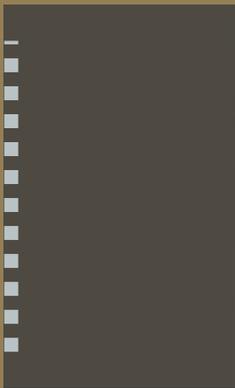
All the hostel girls dressed to impress and made an entrance into the Rhenish Hall along a red carpet. Starters, mains, dessert and refreshments were served during the dance thanks to the hostel kitchen.

The highlight of the dance was definitely the DJ and disco lights. The excellent music made sure the girls were up and dancing all evening long.

A special thank you to Ms Sarga and Ms Davids - without them this dance would not have been possible. I am extremely proud of the hostel LC for dedicating their time and efforts into putting together this wonderful evening.

Isabella Beffa







READING TO CHILDREN AT USIKO AFTERCARE, STELLENBOSCH

LIBRARY SERVICES

by Thawaab Sadien
(Head Librarian)



At Rhenish, we all strive to make a difference in our community. That is exactly what we did when we visited Usiko Aftercare. Many of us were worried about the time constraint and that the children would be bored and not pay attention to us at all, but we would soon realise just how wrong we were.

Another factor in their initial hesitation to participate is that a few of them said that they were not yet able to read. After spending some time trying to teach them, word by word, I discovered that this was not the case. The children were just scared, anxious about 'getting it wrong'. Slowly but surely, each child gained the confidence to try a new word. Before I knew it, they were reading full sentences on their own without a single child being left behind.

What stands out for me is the moment when we walked into each classroom, introducing ourselves and finding our places. The children responded in two ways - the children who ran to the front of the class to greet us enthusiastically and those who remained in the back.

Towards the end of our reading session, I checked up on each librarian and they had all achieved what I had: they had found a way to engage with each and every child and unlock the confidence within them. The image I saw in each classroom was identical: a room full of excited children either reading books or paying attention as one was read to them.

There is a stigma attached to reading (one that says that recreational reading makes one a nerd), and that is what prevented many of those children from participating.



Although I struggled initially to reach the children, to hold their attention, by the end of that afternoon they had clearly been bitten by the reading bug. They were captivated and enthralled by the stories and, at times, it felt that they didn't need me at all. Even the children who had initially been withdrawn and had hung back at the back of the classroom had steadily moved forward, they were engaged in the stories and they were participating with their classmates.

"Reading is the gateway for children that makes all other learning possible."

These words were spoken by Barack Obama and, on that day, we opened that gateway.



RHECO TOWN CLEAN-UP



RHECO (Rhenish Eco Society), in collaboration with the LC, organised a town-clean up on Thursday 4 May 2023 in honour of Earth Day which was celebrated in April.

The aim of the town clean up was to take time out of our busy schedules to promote environmental awareness and to get actively involved in community service by removing the litter that masks the natural beauty of our environment.

We walked through Stellenbosch along the Eerste River and removed litter found along the way. It was a fun experience - chatting and laughing with our Rhenish sisters - we didn't even notice that we were doing an essential but 'dirty' job. We were making a difference!

Earth is something we all have in common, it is our home. As humans it is our responsibility to look after and protect our environment to the best of our ability. We need to 'be part of the solution, and not the pollution'. As Ernest Hemingway said, 'The Earth is one fine place worth fighting for'.



A big thank you to everyone who supported the town clean-up. We would not have been able to make a change without your help. We truly appreciate your kind-heartedness and determination to conserve our environment. We also admire that you rolled up your sleeves and got your hands dirty to keep our environment clean.

We look forward to many more town clean-ups!

LISE-ANNE RUTHFORD

S.T.E.M QUIZ NIGHT

Mr Francois Hugo

On Thursday 4 May the Science, Technology, Engineering and Maths (or S.T.E.M) club hosted our first quiz night at the school.

The members of the committee set up six rounds of questions, with categories such as general knowledge, film and entertainment, world news and, of course, some maths and science. We had several teams (and even a surprise teacher team) competing for some prizes, which included ice-cream vouchers and chocolates! This was the first of many events planned by the S.T.E.M club to get the students more involved and interested in the field of maths and science.

A big thank you to the members of the S.T.E.M committee for their hard work organising the event.





Siyaphambili @ St Cyprians'

**Lutho Ndlela
and
Asemahle Mayekiso**

Siyaphambili Poetry and Hip Hop were invited to perform in the St Cyprians' annual Cultural Evening. Despite the long drive to Cape Town our girls were excited to attend their first cultural evening of the year. For some of our girls it was their first experience of a Cultural Evening environment and, even though it was quite nerve wracking at the start, they had an incredible time and enjoyed the exotic colours of the costumes and the quality of the lively performances.

The theme of the evening was "Ubuntu" which means 'humanity' and the theme was carried through in dance, poetry and singing. We had the opportunity to socialise with other schools such as Bishops Diocesan College, SACS, Wynberg Girls' High School, Springfield, Gardens Commercial High School, Westerford High School and many more who were in attendance.

Thank you to Mrs Jikela and Mrs Booï for attending with us and to all of the Siyaphambili girls who went along – they looked so smart in their winter uniforms and they represented Rhenish Girls' with pride.

St Cyprians had a farewell performance for their liaison teacher, Ms Mboma, and they performed alongside the Brother and Sisters Choir from Khayelitsha – a performance which has been viral on TikTok and was definitely a highlight of the evening.

Siyaphambili's next outing is the Rondebosch Boys' High School Cultural Evening where our Siyaphambili Choir will perform.

beKoor 2023

Mr Leon Piron

beKoor. An Afrikaans word meaning "to charm or fascinate", but also a smart wordplay for the annual choir concert hosted by Paul Roos Gymnasium.

This choir concert, in its 10th year of existence, has grown in popularity over the years with hundreds of audience members in attendance. Our Rhenish Choir shared the stage with choirs from Bloemhof, Paul Roos, Stellenbosch Hoër and, newcomers to the concert with their newly formed choir, Bridge House.

After a quick soundcheck, the choir held an impromptu rehearsal to make good use of the long wait before their turn. Our ladies sang "Singing Rackety Brackety", "Luisterliedjie" and "The Prayer of Saint Francis" to a very appreciative audience.

Congratulations to the choir for a polished performance which was enjoyed by all. Many hours of hard work go into delivering a performance of this standard and we are very proud of every chorister.





5-12 MAY

**SPORT
ROUND UP**

Soccer
vs St Cyprians

Hockey
vs Herschel Girls'

Netball
vs Herschel Girls'

Partnership
with PC Services

Boland Hockey
Representatives

SOCCER

V S S T C Y P R I A N S



6 MAY 2023

GRADE 8S

Won 3 - 1

2ND TEAM

Won 5 - 0



HOCKEY

V S H E R S C H E L G I R L S ' H I G H



5 + 6 MAY 2023

1st Team won 4-3
2nd Team drew 1-1
3rd Team lost 9-1
U16A won 2-1
U16B won 1-1
U16C drew 2-2
U16D drew 2-2
U14A won 4-2
U14B lost 1-0
U14C won 2-0



NETBALL

VS HERSCHEL GIRLS' HIGH



5 + 6 MAY 2023

1st Team won 28-18
2nd Team lost 25-11
U17A Won 20-10
U16A Lost 22-18
U16B Won 14-12
U16C Lost 22-5
U15A Won 26-6
U15B Won 34-2
U15C Won 16-5
U15D Won 16-2



U14A Won 18-3
U14B Won 19-6



U14C Won 15-4
U14D Won 17-9



rhenishgirlshigh



@rhenishgirlshigh has entered into a partnership with PC services who have sponsored Rhenish Hockey with a brand new laptop. The laptop will be used to run high quality video analysis software that will take Rhenish Hockey to the next level.

PC Services Director, Heinrich Venter, hands over the laptop to 1st hockey captain, Baylee Engelke and Head of Hockey, Mr Chris Gerber

CONGRATULATIONS TO THESE HOCKEY PLAYERS FOR THEIR SELECTION FOR VARIOUS BOLAND TEAMS

U18 A AND B SQUADS



Alexandra
Eagles



Baylee
Engelke



justine
Basson



Kaitlyn
van
Binsbergen



Martanique
Petersen

U16 A



Andrea
Fortuin



Grace
Hobbs



Halle
Williams



Jasmine
Aitken



Katherine
Sickle

U16 B



Leah
Grace
du Plessis



Sarah-Ellen
Groenewald



Shene
du Plessis



Puck
Bakker



Montana
de Kock



Eva Miller



Frankie
Henn



Rose
Quinlivan

U14A



Aqhama
Kwayimani



Fabia
Hollander



Nicola
van der
Merwe

U14B

Rhenish STARS

LIFE SAVING

KENDRA AND ZOË BERESFORD

Kendra and Zoë have both been selected to represent Lifesaving Western Cape **KENDRA** (LWC) at the annual South African Inter-Provincial Surf Lifesaving Championships.

This achievement merits full Provincial colours for the sport of lifesaving.

Colours were presented at an official LWC ceremony on Monday 1 May 2023.

The Inter Provincial Surf Lifesaving Championships event takes place on 27 May 2023 at Addington Beach, Durban.



ZOË

ENDURANCE RIDING

AMY ROSE VAN ZYL

Amy-Rose van Zyl has been selected to represent the South African Federation 120km Junior Young Rider Team.

Amy-Rose will compete at the South African International Challenge to be held in Oudtshoorn, Western Cape between the 22nd to the 26th May 2023.



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