

3G athletics meeting

Friday, 4 November 2016

Coetzenburg, Stellenbosch

1.	15:30	400m	/14
2.	15:30	Shot Put	/14
3.	15:30	Shot Put	/15
4.	15:30	Triple Jump	Open
5.	15:30	Long Jump	/14
6.	15:33	400m	/15
7.	15:36	400m	/17
8.	15:45	90mH	Open
9.	15:47	1 500m	/14
10.	15:55	1 500m	/15
11.	16:00	High Jump	Open
12.	16:03	1 500m	/17
13.	16:15	100m	/14
14.	16:18	100m	/15
15.	16:20	Shot put	/17
16.	16:20	Long Jump	/17
17.	16:20	Long Jump	/15
18.	16:21	100m	/17
19.	16:29	800m	/14
20.	16:34	800m	/15
21.	16:39	800m	/17
22.	16:47	200m	/14
23.	16:51	200m	/15
24.	16:55	200m	/17
25.	17:05	4x100 relay	/14
26.	17:08	4x100 relay	/15
27.	17:11	4x100 relay	/17
28.	17:25	Announcements of results.	

