

RHENISH NEWS

For parents & daughters

13/03/2015

Rhenish Girls' High School aims to provide its learners with an education of the highest quality and is committed to providing an environment that is conducive to effective teaching and learning. All learners, regardless of their intellectual abilities, social backgrounds and academic aspirations, are encouraged to develop their full potential, to strive for excellence in all they do, and to become responsible, caring and productive citizens.

Important Announcements

- 1. Please diarise the School Governing Body (SGB) elections that take place on 16 March 2015. We need a quorum of 15% of parents present at the election at 7pm. Please try your best to be present at this very important meeting.**
2. The Provincial Minister for Education, Ms Debbie Schäfer will open the new facilities at Rhenish Girls' High on 16 March 2015 during our assembly. Parents are welcome to attend.
3. **SAVE THE DATE: AMAZINK LIVE - SATURDAY 9 MAY**
- 4 "Like" our Facebook page (<https://www.facebook.com/rhenish.girls.high>) and get news as it occurs.
- 5 School Communicator: if you have not already downloaded the app, go to : <http://www.school-communicator.com/download.php> to do so for your desktop or mobile access

Orchestra Camp

On Friday 20 February a group of tired yet eager musicians left the school for our annual Orchestra Camp. After a busy week, the girls were excited to get away!

The weekend consisted of some packed practice sessions, learning three new songs in one day, some very valuable bonding time, getting to know our fellow orchestra members and indulging in the delicious foods Mrs Fourie generously served us.

We ended off the weekend with a few fun games and a mini-concert for the orchestra parents, to show off our new repertoire. It was a weekend that will definitely be remembered. A big thank you to Ms de Villiers and Ms Kapp for all their efforts, and to Ms Fourie for the amazing food.



Kalsy Meyer 12C



Tickets are on sale at reception (Mrs le Riche). Seats are reserved.

Join us and celebrate the musical talent and diversity of the Rhenish Music Department.

Stellenbosch Can – Rhenish and the Kwikspar@PaulRoos

Faithful followers of the Rhenish Girls' High Facebook page would have noticed a peak in interest on the page at the start of the week. Kwikspar@PaulRoos posted on our page challenging the girls to contact them in connection with the Stellenbosch Can project. The first class to contact them would be able to put a container in the shop for the duration of the project in which customers could donate cans.

9A was the first class to take Kwikspar@PaulRoos up on their offer and they quickly made and decorated their container which they dropped off first thing on Wednesday morning. By the time school started, the container already had six cans in it.



It was wonderful to see the community coming together to support this worth cause. So, the next time you are at the Kwikspar@PaulRoos, pop a can into our container.

Jess van der Merwe 9A



R25 000

**CAN
be OURS!**

~ To The Rhenish Family ~

(moms, dads, grans, granddads, guardians)

HAVE YOU PLEASE GOT A CONTACT?

Koo, Rhodes, All Gold, Langeberg & Ashton,

Checkers, Pick 'n Pay, Shoprite etc....

The **CAN** Project is underway at Rhenish Girls' -

in aid of Stellenbosch 'Feeding in Action' Scheme

"You have not lived until you have done something

for someone who can never repay you"

Any form of help would be greatly appreciated!

Contact or enquiries:

Dr Bennie: alison.bennie@rhenish.co.za

Ash Rutherford: ashleine@gmail.com

Deliveries will gladly be accepted 24/7





Alex Butterfield

educational psychologist

Pr. Nr:0487228

HPCSA Nr. PS0119724

SERVICES AVAILABLE

(Individual or Group Sessions; Presentations & Workshops)

Assessments

School Readiness	Subject Choice
Scholastic /Psycho-Educational	Career Assessments

Psychotherapy

Emotional; Social; Family; Relationship; Self-esteem; &/or Behavioural; Challenges	Stress & Anxiety Low Mood State & Depression Play Therapy
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Skills Training

Time Management	Stress Management
Organisational Skills	Motivation
Study Skills	Effective Goal Setting

Parent Guidance

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BSc, P.G.C.E (Cum laude), MEdPsych (Cum laude) (U.S.)

Office Premises:

Rhenish Girls' High School, Koch Street, Stellenbosch 7600	23 Mount Villa, Somerset Ridge, Somerset West, 7130
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Learning Support Centre, Somerset House Preparatory,
Drama Street, Somerset West,
7130



Dance Studio

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presents the performing arts through

ballet

ROYAL ACADEMY OF DANCE SYLLABUS

An internationally recognised dance syllabus that focuses
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ADULT-FUSION

A mixture of syllabus classes;
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for all beginner and intermediate adults

Contact: Samantha Graham

074 298 1632 • info.enpointedance@gmail.com

The Vineyard Studio

De Oude Schuur, Drie Lande Farm, R44

Stellenbosch, Webersvallei (adjacent Espana Restaurant)

Find us:

Facebook: En Pointe Dance Studio Stellenbosch

Twitter: EnPointeStb

We have been inundated with parents asking us to deliver messages or items to the girls. We have a system in place, please ensure that you follow this procedure.

- All notices, messages or announcements are collected by 8:30. These are conveyed to the girls by 1st break. If you are dropping something off for your daughter, please ensure that she is aware of this and that she knows to come and collect it. We will not make deliveries to the girls or take responsibility for the girls not collecting items delivered to the office for them.

- Messages received after 8:30 will NOT be delivered to the girls. We do not have staff available to act as messengers to the classes AND we will not disrupt a teacher, a lesson and an entire class to pass on a message or deliver an item to a single learner.
- If you have made a prior arrangement for your daughter to leave school early, the onus is on you to ensure that she knows when she is being fetched and it is her responsibility to ensure that she comes down to the office to sign out on time. No exceptions will be made as the needs of a single learner cannot impact on the rights of an entire class. Appointments are usually made in advance and arrangements between you and your child need to be finalised before she comes to school. Only in an emergency will a class be disrupted.
- The girls are aware that, should anything untoward occur, she is allowed to fetch her phone from the locker, bring it to the office so that she can check for a message from you or contact you if necessary.

We are here to assist you wherever possible, however, it is essential that everyone follows the procedures we have in place so as to avoid undue inconvenience and disruptions.

Rhenishers Out in the World

Highland Dancing

Chelsea Chapman (Grade 10) was one of the championship level Highland Dancers who participated in the inaugural Knysna Celtic Festival that took place on Saturday 28 February.

Participants – pipers, drummers and highland dancers – from all over South Africa were present to celebrate celtic traditions and activities in what is hoped will become an annual event.



SA Open Water Champs this past weekend

Carli Antonopoulos second in the Girl's 12-13 3Km event and Mikayla Eagles ended sixth in the Girl's 14-15 3Km event.

Karate

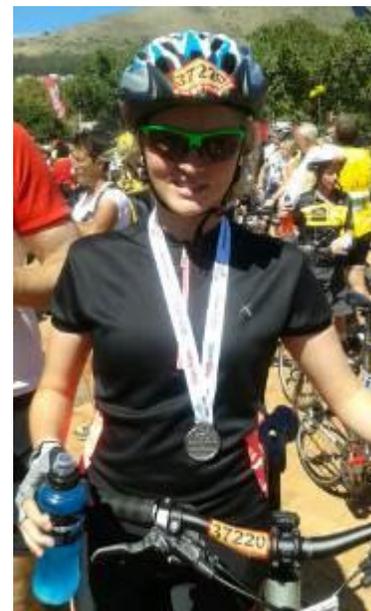
Anke Smit came third at the KSA trials in Johannesburg over the weekend. This secures her a place in the National Squad .

Argus Cycle Tour

A number of Rhenishers participated in the Argus cycle tour last week. Not everyone has fed through their results, but

Jenna Walker finished in 1h49 and Leanne Walker finished in 2h18 after one puncture.

Pictured here is Natalie Kitching who also completed the race.



Athletics

Oriole Viljoen, Katoo Machtelinkx and Lijan van Niekerk are seen here after completing the street mile in front of Dagbreek residence in Victoria Street during the Woordfees. Lijan achieved a fourth place. On this occasion, Johan Cronje, the South African champion in the 1 500m, also competed and ran a dream mile (under 4 minutes).

Good luck to all the athletes taking part in the Western Cape Athletics Championships at Coetzenburg this weekend.

P. van der Hoven



Sports News

Water polo – 1st Team

The first team water polo played Rustenburg on Tuesday the 3rd of March. It was a close encounter but we managed to hold out for the victory.

1st Chukka 1-0 to Rhenish
2nd Chukka 2-1 to Rhenish
3rd Chukka 3-2 to Rhenish
4th chukka 5-3 to Rhenish
Final score 5-3 Rhenish

Paula Currie

Tennis 6 March

U15B Won 5-1 vs Strand High

Hockey Saturday 7 March

Hockey 2nd team Lost 2-0 to Fairmont
Hockey 1st team won 14-0 against Montana in the Spar Challenge

Summer hockey league

The final placing of teams:

1. Rhenish
2. Paarl Girls High
3. La Rochelle
4. Stellenbosch
5. Labori
6. Bridge House

WINTER SPORTS TIMETABLE - 2ND TERM 2015

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14:30-16:30	<p><u>HOCKEY @ RGHS ASTRO</u> U14A Team Martin Schouten 2nd team Ryan Fanton</p> <p><u>Goalkeeper training</u> Nicole Le Fleur</p> <p><u>HOCKEY FIELD</u> U14C B Grass field HeatherMcEwan</p> <p>U16C B Grass field Sean-Michael Campleman</p> <p><u>CROSS COUNTRY</u> 14:30-15:30 Rose garden</p> <p><u>SOCCER PRACTICE</u> 15:00-17:00 Soccer field Jose Cabral</p> <p><u>NETBALL</u> U15A & U15B Court 1 Jodi Boustred</p> <p>U15C & U15D Court 2 Megan Gossmann</p> <p>U14C/u14D Court 3 Robyn Phillips</p>	<p>CHOIR 14:30-17:00</p> <p><u>SQUASH @ OLD MUTUAL COURTS</u> 15:00-17:00 Richard Castle</p>	<p><u>HOCKEY @ RGHS ASTRO</u> U14C Heather McEwan U16C Sean-Michael Campleman 3rd Nicole Le Fleur</p> <p><u>NETBALL</u> U15A & U15B Court 1 Jodi Boustred</p> <p>U15C & U15D Court 2 Megan Gossmann</p> <p>U14C/u14D Court 3 Robyn Phillips</p> <p><u>SOCCER PRACTICE/MATCHES</u> 15:00-17:00 Soccer field Jose Cabral</p> <p><u>CROSS COUNTRY</u> 14:30-15:30 Rose garden</p> <p><u>WINTER TENNIS</u> 3rd and u15A/u15B teams 14:30-15:30 Rennie Rose-Innes</p>	<p><u>HOCKEY @ RGHS ASTRO</u> 1st Shannon Boucher U16A Andrew Drummond</p> <p><u>SQUASH @ OLD MUTUAL COURTS</u> 15:00-17:00 Richard Castle</p> <p><u>SOCCER PRACTICE/MATCHES</u> 15:00-17:00 Soccer field Jose Cabral</p> <p><u>CROSS COUNTRY</u> 14:30-15:30 Rose garden</p> <p><u>WINTER TENNIS</u> 14:30-15:30 1st Team and 2nd team Sunel Malan</p>	<p><u>SQUASH MATCHES</u> 15:00-17:00 MS VILJOEN & MRS JOUBERT</p>	<p><u>HOCKEY & NETBALL MATCHES</u> 07:00-12:00 HOME & AWAY</p>
16:00-17:30	<p><u>NETBALL</u> 1st & 2nd Court 1 Anna Van Deventer</p> <p>3rd & 4th Court 2 Claudia Rhoode</p> <p>U16C/u16D Court 3 Antoinette Van Der Hoven</p> <p><u>HOCKEY @ RGHS ASTRO</u> 1st Shannon Boucher U16A Andrew Drummond</p> <p><u>HOCKEY FIELD</u> U16D/E B Grass field Coach Name TBA 3rd B Grass field Nicole Le Fleur</p>	<p><u>NETBALL</u> U16A/U16B Court 1 Alzena Mulder</p> <p>U14A & U14B Court 2 Nadia Jordaan</p> <p><u>HOCKEY @ RGHS ASTRO</u> 1st Shannon Boucher U14B Daniel Seha U16B Jenaed Brodell</p>	<p><u>NETBALL</u> 1st & 2nd Court 1 Anna Van Deventer</p> <p>3rd & 4th Court 2 Claudia Rhoode</p> <p>U16C/u16D Court 3 Antoinette Van Der Hoven</p> <p><u>HOCKEY @ RGHS ASTRO</u> U16A Andrew Drummond U14A Team Martin Schouten 2nd team Ryan Fanton</p>	<p><u>NETBALL</u> U16A/U16B Court 1 Alzena Mulder</p> <p>U14A & U14B Court 2 Nadia Jordaan</p> <p>1st & 2nd Court 3 Anna Van Deventer</p> <p><u>HOCKEY @ RGHS ASTRO</u> U14B Daniel Seha U16B Jenaed Brodell U16D/E B Grass field Coach name TBA</p>		