

RGHS NETBALL TRAINING SCHEDULE 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
06:30 - 07:15	Court 1: Lindsey (1 st Team)				Court 1: SHOOTING SESSION (Wilré and occasionally Lindsey)
14:30 - 16:00	Court 1: Christiaan (1 st Team & U16A) Court 2: Kayla (U16D) Court 3: Small Court:	CHOIR 16:15 - 17:00 SHOOTING SESSION (Wilré)	Court 1: Lindsey (1 st & 2 nd Teams) Court 2: Ansoretha (U16A & U16B) Court 3: Kayla (U16D) Small Court:	Court 1: Lindsey (1 st & 2 nd Teams) Court 2: Ansoretha (U16A & U16B) Court 3: Androni (U14C & U14D) Small Court:	
16:00- 17:30	Court 1: Nicole (U16C & U19C) Court 2: Mia (U14 & U15E) Court 3: Hermari (U15C & U15D) Small Court:	Court 1: Christiaan & Lindsey (1 st Team and U16A) Court 2: Alita (U14A & U14B) Court 3: Androni (U14C & U14D) Small Court:	Court 1: Amoné (U15A & U15B) Court 2: Nicole (U16C & U19C) Court 3: Mia (U14C & U15E) Small Court:	Court 1: Amoné (U14A & U14B) Court 2: Alita (U14A & U14B) Court 3: Hermari (U15C & U15D) Small Court:	