

TYDTAFEL / TIMETABLE**15:30 PROESSIE / PROCESSION**

Athletes and Cheerleaders
 Skoolhoofde en Sjampanjenooi
 School Song and War Cry of each school

NO	TYD/TIME	ITEM/EVENT		OUDERDOM/AGE	
1	16:15	3000m		Ope	Open
2	16:30	90m Hekkies	90m Hurdles	D o/14	G u/14
3		Verspring A	Long Jump A	D o/14	G u/14
4		Spiesgooi (500g)	Javelin (500g)	D o/15	G u/15
5		Hoogspring A	High Jump A	D o/15	G u/15
6		Gewigstoot (4kg)	Shot Put (4kg)	D o/17	G u/17
7		Diskus (1kg)	Discus (1kg)	D o/19	G u/19
8		Driesprong B	Triple Jump	Ope	Open
9	16:40	90m Hekkies	90m Hurdles	D o/15	G u/15
10	16:50	100m Hekkies	100m Hurdles	D o/17	G u/17
11	17:00	100m Hekkies	100m Hurdles	D o/19	G u/19
12	17:05	200m		D o/14	G u/14
13	17:10	200m		D o/15	G u/15
14	17:15	200m		D o/17	G u/17
15		Spiesgooi (500g)	Javelin (500g)	D o/14	G u/14
16		Gewigstoot (3kg)	Shot Put (3 kg)	D o/15	G u/15
17		Diskus (1kg)	Discus (1kg)	D o/17	G u/17
18		Verspring A	Long Jump A	D o/17	G u/17
19		Hoogspring B	High Jump B	D o/19	G u/19
20	17:20	200m		D o/19	G u/19
21	17:30	800m		D o/14	G u/14
22	17:40	800m		D o/15	G u/15
23	17:50	800m		D o/17	G u/17
24	18:00	800m		D o/19	G u/19
25	18:10	100m		D o/14	G u/14
26		Gewigstoot (3kg)	Shot Put (3kg)	D o/14	G u/14
27		Diskus (1kg)	Discus (1kg)	D o/15	G u/15
28		Verspring B	Long Jump B	D o/15	G u/15
29		Hoogspring A	High Jump A	D o/17	G u/17
30		Spiesgooi (500g)	Javelin (500g)	D o/19	G u/19
31	18:15	100m		D o/15	G u/15
32	18:20	100m		D o/17	G u/17
33	18:25	100m		D o/19	G u/19
34	18:35	400m		D o/14	G u/14
35	18:45	400m		D o/15	G u/15
36		Diskus (1kg)	Discus (1kg)	D o/14	G u/14
37		Hoogspring B	High Jump B	D o/14	G u/14
38		Spiesgooi (500g)	Javelin (500g)	D o/17	G u/17
39		Gewigstoot (4kg)	Shot Put (4 kg)	D o/19	G u/19
40		Verspring A	Long Jump A	D o/19	G u/19
41	18:55	400m		D o/17	G u/17
42	19:05	400m		D o/19	G u/19
43	19:15	1 500m		D o/14	G u/14
44	19:25	1 500m		D o/15	G u/15
45	19:35	1 500m		D o/17	G u/17
46	19:45	1 500m		D o/19	G u/19
47	19:55	4 x 100m Aflos	4 x 100m Relay	D o/14	G u/14
48	20:00	4 x 100m Aflos	4 x 100m Relay	D o/15	G u/15
49	20:05	4 x 100m Aflos	4 x 100m Relay	D o/17	G u/17
50	20:10	4 x 100m Aflos	4 x 100m Relay	D o/19	G u/19
51	20:15	4 x 100m Aflos	4 x 100m Relay	Prefekte	Prefects
52	20:20	4 x 100m Aflos	4 x 100m Relay	Personeel	Staff
53	20:25	Presentation of Trophies			