



1860

RHENISH
GIRLS' HIGH SCHOOL

Inter House Athletics Meeting 2019

INTER HOUSE ATHLETICS MEETING – 22 JANUARY 2019

OFFICIALS

ORGANISER:	P. VAN DER HOVEN
ANNOUNCER:	E. MOUTON
TECHNICAL OFFICIAL:	S. HODGES
REFEREE (TRACK):	F. BELLSTEDT
REFEREE (FIELD):	P. VAN DER HOVEN, S. HODGES
STARTER:	P. VAN DER HOVEN
ASSISTANT STARTER:	S. VAN DER HOVEN
TIME KEEPERS:	F. BELLSTEDT (HEAD), C. CICERO, L. DE VILLIERS, M. JOUBERT, M. CARROLL, C. PILKINGTON, G. KRUGER, C. DE KOCK, R. KROON
TRACK JUDGES:	J-M. SENEKAL (HEAD), M. VERMEULEN, S. HODGES, R. VAN DYK, C. PRETORIUS, W. LOUW, T. MARAIS, C. GOODWIN
ASSISTANT TRACK JUDGES:	A. BENNIE, I. HOFHUIS, S. HENERY
LAP COUNTER:	J-M. SENEKAL
RECORD CLERKS:	L. FANTON, B. SMART, S. SMITH, T. HARBOUR, L. CONCHAR, E. HERRMANN
HURDLES:	J-M. SENEKAL AND HELPERS
LONG JUMP A:	P. VAN DER HOVEN(HEAD), H. SKOG, A FORSYTH
TRIPLE JUMP:	S. HODGES (HEAD), G. KRUGER
HIGH JUMP:	P. VAN DER HOVEN(HEAD), C. GOODWIN
SHOT PUT A:	H. SKOG(HEAD), A. BENNIE
SHOT PUT B:	J. LIEBENBERG (HEAD), P. VAN DER HOVEN
DISCUS:	J. DE KOCK(HEAD), L. SCHREUDER, S. KRIGE, S. SERFONTEIN
JAVELIN:	P. VAN DER HOVEN(HEAD), A. BENNIE, E. HERRMANN
RELAY HANDOVERS:	S. HODGES (3), G. KRUGER (2), J-M SENEKAL (1)
REFRESHMENTS:	A. LUCKHOFF (OFFICIALS), A DAVIDS (TUCK SHOP)
PHOTOGRAPHER:	F. ARZUL
SECURITY:	THORBURN SECURITY
FIRST AID:	SA PARAMEDICS

INTER HOUSE ATHLETICS MEETING

MONDAY, 14 JANUARY 2019

1.	14:45	High Jump	u/14	K du Toit	VDS	2015	1,48m
6.	14:45	High Jump	u/15	M. Bolognesi		2008	1,50m
41.	14:45	High Jump	u/17	D. Burger	T	2013	1,60m
32.	14:45	High Jump	u/19	S. Behrens	T	2014	1,60m

WEDNESDAY, 16 JANUARY 2019

29.	14:45	Long Jump	u/14	A. Cornelissen	W	2016	5,01m
22.	14:45	Long Jump	u/15	A. Cornelissen	W	2017	4,97m
13.	14:45	Long Jump	u/17	J. Sedras		2010	5,19m
4.	14:45	Long Jump	u/19	K. Taylor		2002	4,97m
44.	14:45	Triple Jump	u/15	Z. Mavovana	T	2016	9,80m
45.	14:45	Triple Jump	u/17	T. Hendricks	VDS	2016	10,20m
46.	14:45	Triple Jump	u/19	M. Paterson	W	2015	9,23m

THURSDAY, 17 JANUARY 2019

2.	14:45	Javelin	u/14	S. Joubert	T	2016	22,09m
40.	14:45	Javelin	u/15	S. Kotze		2007	25,78m
31.	14:45	Javelin	u/17	D. Müller	W	2014	27,65m
24.	14:45	Javelin	u/19	B. Ouweneel		2011	29,20m

MONDAY, 21 JANUARY 2019

43.	14:45	Shot Put	u/14	A. Abrahams	W	2013	11,09m
30.	14:45	Shot Put	u/15	A. Abrahams	W	2014	11,09m
23.	14:45	Shot Put	u/17	A. Abrahams	W	2015	13,32m
14.	14:45	Shot Put	u/19	A. Abrahams	W	2017	10,61m

TUESDAY, 22 JANUARY 2019

21.	08:00	Discus	u/14	A. Abrahams	W	2013	21,46m
12.	08:00	Discus	u/15	L. Burgess		2004	22,98m
5.	08:00	Discus	u/17	Z. Roelofse		2011	29,31m
42.	08:00	Discus	u/19	Z. Roelofse		2013	30,75m
3.	08:45	3 000m	Open	M. Leslie	W	2016	10:54,30
7.	09:05	90mH	u/14	M. Nel	W	2015	16,14s
8.	09:10	90mH	u/15	N. Loots		2004	12,28s
9.	09:20	100mH	u/17	N. Loots		2005	15,80s
10.	09:30	100mH	u/19	J. Sedras		2011	16,06s
11.	09:35	800m	u/14	C. Noades	W	2017	2:40,20
15.	09:39	800m	u/15	O. Viljoen	W	2013	2:35,85
16.	09:43	800m	u/17	D. Scott		2007	2:15,00
17.	09:47	800m	u/19	A. Quenet		2013	2:18,86
18.	09:55	200m	u/14	T. Ludick	VDS	2017	26,69s
19.	09:58	200m	u/15	A. Cornelissen	W	2017	26,38s
20.	10:01	200m	u/17	G. Ludick	VDS	2017	26,05s
25.	10:04	200m	u/19	A. Smit	T	2015	26,98s
26.	10:10	1 500m	u/14	K. Noades	W	2015	

F. Chester-Browne T 2015 5:28,13

27.	10:20	1 500m	u/15	S. Hobson		2011	5:21,84	
28.	10:30	1 500m	u/17	D. Scott		2008	4:40,21	
33.	10:40	1 500m	u/19	A. Quenet		2013	4:51,59	
34.	10:50	400m	u/14	T. Ludick	VDS	2017	1:05,53	
35.	10:54	400m	u/15	J. Bury		2006	1:04,22	
36.	10:58	400m	u/17	D. Scott		2007	1:02,50	
37.	11:02	400m	u/19	A. Quenet		2013	1:01,14	
38.	11:15	100m	u/14	M. Bartsch	VDS	2013	13,30s	
47.	11:23	100m	u/15	K. Sparks	T	2011	13,20s	
48.	11:31	100m	u/17	M. Bartsch	VDS	2015	13,09s	
49.	11:39	100m	u/19	N. Loots		2006	13,00s	
50.	12:00	Relay	u/14	Terlinden		2016	58,64s	
51.	12:05	Relay	u/15	Weber		2000	57,02s	
52.	12:10	Relay	u/17	Terlinden		2014	54,40s	
53.	12:15	Relay	u/19	Van der Stel		2011	54,75s	
	12:20	Relay	Cheerleaders					
	12:25	Relay	Staff/Prefects	Staff		2005		
	12:35	Prize giving						
	12:45	Roll call						
	12:55	Home time						