

**INTER HOUSE ATHLETICS MEETING****MONDAY, 20 JANUARY 2020**

29.	14:45	Long Jump	u/14	A. Cornelissen	W	2016	5,01m
22.	14:45	Long Jump	u/15	A. Cornelissen	W	2017	4,97m
13.	14:45	Long Jump	u/17	J. Sedras		2010	5,19m
4.	14:45	Long Jump	u/19	K. Taylor		2002	4,97m
44.	15:45	Triple Jump	u/15	Z. Mavovana	T	2016	9,80m
45.	15:45	Triple Jump	u/17	T. Hendricks	VDS	2016	10,20m
46.	15:45	Triple Jump	u/19	M. Paterson	W	2015	9,23m

**TUESDAY, 21 JANUARY 2020**

1.	14:45	High Jump	u/14	K du Toit	VDS	2015	1,48m
2.	15:45	Javelin	u/14	S. Joubert	T	2016	22,09m
6.	14:45	High Jump	u/15	M. Bolognesi		2008	1,50m
24.	15:45	Javelin	u/19	B. Ouweneel		2011	29,20m
31.	15:45	Javelin	u/17	B. van Rooyen	VDS	2019	31,36m
32.	14:45	High Jump	u/19	S. Behrens	T	2014	1,60m
40.	15:45	Javelin	u/15	T. Card	VDS	2019	31,70m
41.	14:45	High Jump	u/17	D. Burger	T	2013	1,60m

**WEDNESDAY, 22 JANUARY 2020**

12.	08:00	Discus	u/15	L. Burgess		2004	22,98m
21.	08:00	Discus	u/14	A. Abrahams	W	2013	21,46m
14.	08:00	Shot Put	u/19	A. Abrahams	W	2017	10,61m
23.	08:00	Shot Put	u/17	A. Abrahams	W	2015	13,32m
3.	08:45	3 000m	Open	N. Louw	VDS	2019	10:18,40
7.	09:05	90mH	u/14	M. Nel	W	2015	16,14s
8.	09:10	90mH	u/15	N. Loots		2004	12,28s
9.	09:20	100mH	u/17	N. Loots		2005	15,80s
10.	09:30	100mH	u/19	J. Sedras		2011	16,06s
5.	09:30	Discus	u/17	Z. Roelofse		2011	29,31m
42.	09:30	Discus	u/19	Z. Roelofse		2013	30,75m
30.	09:30	Shot Put	u/15	A. Abrahams	W	2014	11,09m
43.	09:30	Shot Put	u/14	A. Abrahams	W	2013	11,09m
11.	09:35	800m	u/14	C. Noades	W	2017	2:40,20
15.	09:39	800m	u/15	O. Viljoen	W	2013	2:35,85
16.	09:43	800m	u/17	D. Scott		2007	2:15,00
17.	09:47	800m	u/19	A. Quenet		2013	2:18,86
18.	09:55	200m	u/14	T. Ludick	VDS	2017	26,69s
19.	09:58	200m	u/15	A. Cornelissen	W	2017	26,38s
20.	10:01	200m	u/17	T. Ludick	VDS	2019	25,90s



25.	10:04	200m	u/19	G. Ludick	VDS	2019	26,40s
26.	10:10	1 500m	u/14	K. Noades	W	2015	
				F. Chester-Browne	T	2015	5:28,13
27.	10:20	1 500m	u/15	S. Hobson		2011	5:21,84
28.	10:30	1 500m	u/17	D. Scott		2008	4:40,21
33.	10:40	1 500m	u/19	A. Quenet		2013	4:51,59
	10:45	1 500m	Staff				
34.	10:50	400m	u/14	T. Ludick	VDS	2017	1:05,53
35.	10:54	400m	u/15	J. Bury		2006	1:04,22
36.	10:58	400m	u/17	T. Ludick	VDS	2019	1:00,46
37.	11:02	400m	u/19	A. Quenet		2013	1:01,14
38.	11:15	100m	u/14	M. Bartsch	VDS	2013	13,30s
47.	11:23	100m	u/15	K. Sparks	T	2011	13,20s
48.	11:31	100m	u/17	T. Ludick	VDS	2019	13,00s
49.	11:39	100m	u/19	G. Ludick	VDS	2019	12,50s
50.	12:00	Relay	u/14	Terlinden		2016	58,64s
51.	12:05	Relay	u/15	Weber		2000	57,02s
52.	12:10	Relay	u/17	Terlinden		2014	54,40s
53.	12:15	Relay	u/19	Van der Stel		2011	54,75s
	12:20	Relay	Cheerleaders				
	12:25	Relay	Staff/Prefects	Staff		2005	
	12:35	Prize giving					
	12:45	Roll call					
	12:55	Home time					